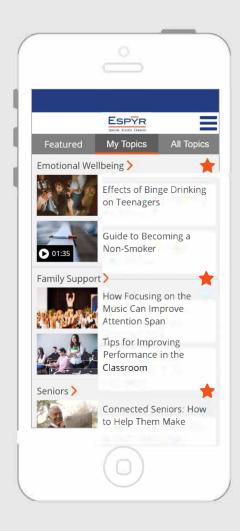
## All good things must come to an end... and be replaced with something way better!



## MEET THE ESPYR CONNECT APP

Start your journey to total well-being for body and mind with the Espyr Connect app! The full benefits of your assistance program are now at your fingertips with our secure mobile app giving you on-demand access to personalized content within seconds. Plus, you may easily contact us and access other services through the Espyr Connect app.

Download the Espyr Connect app today. Getting started is easy.

**Download** the Espyr Connect app through the Apple Store or Google Play.

Login using your Company ID. Don't know your Company ID? Email us: password@espyr.com

## With Espyr, care is at your fingertips:

- ✓ Immediate Access to the Assistance Portal
- ✓ Personalize Your Experience with Favorite Topics
- ✓ Access a Library of Resources: Handouts, Videos, Assessments
- ✓ Bookmark Favorite Content
- ✓ Top-Tier Inventory of Services



## Downloading Tips:

Search for Espyr Connect.

Espyr Connect Health & Fitness

- Establish an active internet connection to login.
- Verify that the phone's auto-connect isn't changing the pass code.
- Further assistance: support@espyr.com

